GRANT AGREEMENT no. 282586

ROAMER: *A road-map for mental health research in Europe*

COORDINATION AND SUPPORT ACTION

Objective THEME [HEALTH.2011.3.3-4]

DELIVERABLE REFERENCE NUMBER AND TITLE: **D10.2 Interim dissemination plan**

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	Dissemination Level	
PU	Public	X
PP	Restricted to other programme participants (including the Commission Services)	
RE	Restricted to a group specified by the consortium (including the Commission Services)	
CO	Confidential, only for members of the consortium (including the Commission Services)	

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3	12/06/2013		Finalisation by CFc for submission
4	19/07/2013		Approval by the WP leader P11 SE
5	22/07/2013		Submission

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1. Introduction

Evidence exists that research in mental health does not achieve the investment that would match the current burden of ill health on the individual, health services and community. With future investment in research across Europe being uncertain it is vital to have a strategic approach to scarce resources for research in the major areas of mental health and well-being. Current approaches to mental health research are based on individual member countries' strategies. However, what is urgently needed is an overall roadmap for the promotion and integration of mental health and well-being research across Europe and applicable across the lifespan.

ROAMER is a three-year project funded by the European Commission (EC) aiming to create this above mentioned coordinated road map. ROAMER is based on a common methodology and conceptual framework that covers the full spectrum of biological, psychological, epidemiological, public health, social and economic aspects of mental health and well-being.

ROAMER combines a consortium of renown mental health research scientists, with a methodologically sound, pragmatic and comprehensive approach with an extensive stakeholder involvement.

The project results of ROAMER are expected to have relevance not only for the partners directly involved in the research conducted throughout the duration of the project, but also for the whole field of mental health research.

Therefore ROAMER's partners are disseminating general information and key results to external stakeholders such as end-users (organizations of users and carers, professional associations), representatives of academic institutions, pharmaceutical companies, donors and governments, and non-governmental organizations active in the mental health field at the European level. The main purpose of ROAMER dissemination is to have a durable and significant impact on mental health research in Europe.

ROAMER project dissemination follows four main strategies, in which communication contents and channels are tailored to different target groups:

- Traditional scientific presentations and manuscripts will be presented in scientific conventions and peer-reviewed journals;
- Dedicated website regularly updated (www.roamer-mh.org);
- Strategic weblinks;
- Press and media coverage with traditional tools such as press releases, leaflets, videos, website, consultations and interviews.

2. Purpose of the Document

The D10.2 Interim dissemination plan aims to provide an overview of the dissemination activities already carried out and additional details on the ROAMER dissemination strategy which has been implemented so far.
In detail, D10.2 will:

- provide an overview of the dissemination strategies already in use;
- design further dissemination strategies delivered to targeted stakeholders;

- monitor and evaluate completion of activities at project phases;
- provide a list of activities to achieve the aims previously described.

Our aim is to achieve the widest dissemination of project results. Therefore, ROAMER partners participate regularly in dedicated meetings, conferences, exploit personal networks and contacts, and papers are in preparation in order to be published in peer-reviewed journals.

3. Application Area

While deliverable D10.1 serves as a reference document of dissemination plans during the project duration, hereby we provide an updated and adapted dissemination plan fit to the emerging needs and to deliver the best possible dissemination for ROAMER roadmap.

4. Methodology

According to the Description of Work, P11 SE, in close collaboration with P1 CIBERSAM and P14 CFc, has previously developed an (internal and external) dissemination plan along the following steps:

To whom?	Identification of target groups to be addressed
What?	P11 SE, supported by P1 CIBERSAM and P14 CFc, coordinates the proposals of the consortium on what should be disseminated according to status of the project and target groups in order to maximise the impact of the project, both within and beyond the participants and their counties. The **Publication Office (PO)** establishes what should be published in peer-reviewed journals.
How?	The channels, instruments and tools to conceive, design and implement how to expand at large project objectives and results, methods and practices.
Why?	The aim the consortium likes to achieve through results' dissemination.
When?	The timeline of dissemination and promotion activities, taking into account project progress and achievements.
Who?	The person or team in charge of specific dissemination and cooperation activities, taking into consideration partners' skills and expertise, will propose to P11 SE.

5. Document Review and Amendment Procedure

Quality assurance procedures are envisaged for revision and up-dating of the document. In case of omissions, mistakes or updating, P11 SE, in close collaboration with P1 CIBERSAM and P14 CFc, may review this document following Executive Board (EB) and EC approval. In this case, the new version will be uploaded to the project website and also submitted to the EC.

6. Terminology

Dissemination

Dissemination is defined as "the means through which research results are presented to the public (internal and external)". It is the term generally used for communication of specific information to a targeted audience or general public, by means of publications, press and other large-scale media. It can also be associated with the dissemination process and means, and the communication activities at events, such as demonstration events, posters, and procurement lettering and mailing.

Target audience
The term is used to describe the groups of stakeholders interested at some level to the project activities and results.

Stakeholders
The term is used to describe all groups of people or institutions interested in mental health and well-being research due to either political, financial, professional or personal reasons (i.e. European or national associations of professionals related to mental health, Users or Families, Pharmaceutical enterprises and ICT; academic institutions, donors and governments, and non-governmental organizations active in the mental health field at the European level and in individual European countries).
Stakeholder Groups have an important role in the development of ROAMER by providing the Advisory Boards and the Work Package teams with expert knowledge and necessary input from their field of expertise, and by acting as information brokers on integrated mental health research in Europe (i.e. participating in surveys), and thus being part of the ROAMER promotion and dissemination activities.

Stakeholder Advisory Board (StAB)
The Stakeholder Advisory Board is comprised by a limited number of very representative stakeholders including Users, Carers, Professional Organisations, representatives of European Projects, academic institutions, donors, governments and pharmaceutical industries.

Executive Board
The Executive Board (EB) is comprised by the coordinator of the project and one representative per partner (14 in total), including all WP leaders (in case a partner leads more than one WP).

Publications Office (PO)
The publications office (PO) will be jointly formed by professionals from P1 CIBERSAM and P11 SE.

Scientific Advisory Board (ScAB)
The ScAB is comprised by excellent researchers from different disciplines and from local and national institutes in and outside Europe, who have been successful in integrating research in research centres and networks in mental health, have created cooperation between and within disciplines, have acquired funding and have stimulated scientific output. They will provide regular advice to the ROAMER consortium on the content of the proposals, quality of the deliverables, ethical issues, general philosophy and direction of the project, corrective measures in the content of the work if necessary and the dissemination and exploitation of project results. Nonetheless, the ScAB does not have formal decision-making power within the project.

Government and Funding Institutions council
The Government and Funding Institutions council will assess the participation of government, policy makers and funding institutions in the ROAMER project, having direct contact with the EB

and working in close collaboration with WP3 leaders (i.e. assessing the state of the art of current research policies and funding programs in mental health and the analysis of gaps and advances required to achieve a desired situation). The council will be of great relevance in order to facilitate the implementation of the roadmap results and achieve better coordination in funding programs and policies.

7. Abbreviations

AB Advisory Board

D Deliverable

EB Executive Board

EC European Commission

PO Publication Office

ScAB Scientific Advisory Board

StAB Stakeholder Advisory Board

WP Work package

8. Internal dissemination activities

Internal dissemination is key for effective dissemination. Therefore, in ROAMER the early establishment of reliable internal communication channels was of high importance. With the help of efficient internal communication the project can be disseminated systematically without missing out on important events and also, each partner is updated with current activities. Internal dissemination activities include executive board meetings, project meetings, regular update of the website, and circulation of printed dissemination materials, such as newsletters and leaflets.

8.1 Programme of internal meetings (EB)

The programme of internal meetings has been prepared by the EB.
The ROAMER EB is chaired by the Coordinator, who is therefore responsible for leading all EB meetings, conducting them and being the primary interlocutor on behalf of the participants of ROAMER for all formal written and verbal communication with the EC.
The EB establishes the rules for the access and exploitation of results obtained.

During the first 18 months of ROAMER the EB met once every six months, as previously decided. The list of all EB meetings and teleconferences is shown in Table 1. Extraordinary meetings can be convened at any time, following a written request by any member of the EB to the Coordinator. Throughout the project consortium members communicate regularly, mostly via e-mail and telephone.

Table 1 Plan of EB meetings and teleconferences throughout the project, with current status

Meeting	Date	Main objectives
EVENTS ORGANIZED SUCCESSFULLY		
Kick-off Meeting and 1st EB meeting	16th-17th November, 2011	• Management issues • Fine-tuning of the common methodology
Teleconference	15th December, 2011	• Details of the upcoming survey consultation
EB teleconference (I)	22nd March, 2012	• Planning of First Scientific Workshops • Survey consultation approaches • Systematic reviewing of the literature • Establishment of the methodology and approval of deliverable D2.1 • Discussion about dissemination activities
2nd EB meeting	19th December, 2012	• Evaluation of the first phase of the project, approval of the State-of-the-Art report (D11.1) • Discussion of the stakeholder survey consultation • Discussion of the first Official Report for the EC

EB teleconference (II)	12nd April, 2013	• Establishing the methodology of the survey for research groups of European countries on the prioritization of advances needed in mental health research • Planning the next meeting with the Government and Funding Institution Council
FURTHER EVENTS PLANNED		
3rd EB meeting - Face-to-face (within the 2nd Consensus meeting)	Sept. 2013	• Approval of D11.2: Gaps and Advances • Planning of the 1st and 2nd Policy Workshops
EB teleconference (V)	Feb. 2014	• Gaps, Advances and Priorities report (D11.3) • Baselines of the final roadmap
4th EB meeting - Face-to-face (within the 4th Consensus meeting)	May 2014	• Final roadmap (D11.4) and Final Dissemination Plan (D10.3) • 2nd Official Report to be delivered to the EC • Final publishable summary report (results, conclusions and socio-economic impact) • Report on wider societal implications (gender equality actions, ethical issues, efforts to involve other actors and spread awareness as well as the plan for the use and dissemination of foreground).

8.2 Programme of project meetings (Scientific workshops, meetings with Stakeholder and Scientific Advisory Boards, Government and Funding Institution Council, Policy workshops, and Consensus meetings)

For all meetings, the Workpackage Leader is responsible for preparation, planning and if necessary follow-up.

As a starting point, the scientific work packages undertook a thorough literature mapping at a pan-European level so as to identify the most relevant advances of the last 10 years and the actual gaps in knowledge for each research area. The results were discussed in two rounds of parallel thematic workshops. These meetings have been attended by outstanding experts from across Europe, who have been asked to comment on the documents produced by the various WPs and subsequently on the draft of the roadmap.

ROAMER receives regular advice from external and independent advisory boards on the methodology, the general philosophy, the results, and the dissemination activities of the Project. The Stakeholder Advisory Board is integrated by relevant associations of users/carers, academics, and professionals active at the European level, whereas the Scientific Advisory Board is comprised by eminent scientists worldwide. The first meetings with them took place in Barcelona on two consecutive days (17-18th of December 2012).

The EB is the highest decision-making body of ROAMER, formed by one representative per partner and including all principal investigators. Until now, two face-to-face meetings with the EB have undertaken in Barcelona. The first one (15-16th of November, 2011) was devoted to define the scope of the Project and the methodology to analyze mental health research in Europe by consensus. The second one (December 19, 2012) was aimed to evaluate the first phase of the Project and to state conclusive results in order to deliver them to the EC.

Table 2 Plan of meetings throughout the project

Phase and purpose	Meeting	Leading Group	Date
EVENTS ORGANIZED SUCCESSFULLY			
State-of-the-art Generation of the deliverable D11.1 on the State-of-the-art of Mental Health Research in Europe.	1st Scientific Workshops	WP2	5th-6th July, 2012
		WP3	25th Sept., 2012
		WP4	31st May - 1st June, 2012
		WP5	1st- 2nd June, 2012
		WP6	17th July, 2012
		WP7	21st-24th May, 2012
		WP8	24th-25th April, 2012
	1st Stakeholder AB meeting	WP9	17th Dec., 2012
	1st Scientific AB meeting	ScAB	18th Dec., 2012
	1st Government and Funding Institution council meeting	WP3 and WP9	20th June 2013
	1st Consensus meeting	EB	19th Dec., 2012
Gaps and Advances Generation of the deliverable D11.2 on Gaps and Advances of Mental Health Research in Europe.	2nd Scientific Workshops	WP2	18th March, 2013
		WP3	4th-5th Feb.,2013
		WP4	28th Feb., 2013
		WP5	1st March, 2013
		WP6	12th- 13th March, 2013
		WP7	14th-15th Feb., 2013
		WP8	7th Feb., 2013
FURTHER EVENTS PLANNED			
Gaps and Advances Generation of the deliverable D11.2 on Gaps and Advances of Mental Health Research in Europe.	2nd Stakeholder AB meeting	WP9	April 2013
	2nd Scientific AB meeting	ScAB	April 2013
	2nd Government and Funding Institution council meeting	WP3 and WP9	May 2013
	2nd Consensus meeting	EB	Sept 2013
Prioritization Generation of the deliverable D11.3 on Gaps, Advances and Priorities of Mental Health Research in Europe	1st Policy Workshop (with Policy makers)	EB	Nov 2013
	3rd Consensus meeting (with WPs, Stakeholder AB, Scientific AB, Policy and Funding Institution Council)	EB	Jan 2014
Roadmap Generation of the deliverable D11.4: A Roadmap on Mental Health Research in Europe	2nd Policy Workshop (with Policy makers)	EB	March 2014
	4th Consensus meeting	EB	May 2014

9. External Dissemination activities

In order to achieve a durable and significant impact on mental health research in Europe, the ROAMER consortium invests in disseminating general information and key results to external stakeholders.

All dissemination actions are performed according to the "Seventh Framework Programme (FP7) Grant agreement - clauses relevant to communication", including the acknowledgement of European support for any communication or publication specifying that the project has received EC funds and displaying the European emblem. The following sentence has to be reported:

"The research leading to these results has received funding form the [European Union] [European Atomic Energy Community] Seventh Framework Programme ([FP7/2007-2013] [FP7/2007-2011]) under Grant agreement n° 282586.

9.1 Target Audiences and methods

ROAMER targets several types of audiences whose priority depends on the phase of the project. While communication with its users is key during the whole phase of the project, in its beginning users from the scientific, professional organizations, families and patients associations were highly prioritized, whereas towards the end of the project, the wider public, donors and the private industry (pharmaceuticals and ICT industry) may become the priority audience to target (see Table 3 below).

Table 3 Overview of the target audience, key message, methods/tools and timeframe

Target audience (Key stakeholder networks/organisations)	Key messages/content and goals	Main methods	Frequency
Scientific community active in mental health research and professional organizations (Coordinators of EU funded projects related to mental health, professional and scientific international organizations (World Psychiatric Association, European College of Neuro-psychopharmacology, European Psychiatric, European Federation of Psychologists Associations, World Health Organization) **Other funded roadmaps** (AliceRAP, Futurage, Health Services Research Roadmap)	Results and data obtained in ROAMER and the implications for mental health research, promotion and integration	Data exchange	From month 3 to month 24
End-users, i.e. Professionals and	Project objectives and	Information leaflets	Within month 3

mental health patients, their families and patients associations	summary of progress of results made in ROAMER	Dedicated project website with patient forum, bi-annual newsletters	Within month 3
		E-mail alerts to key-stakeholders upon interim and final results	From month 6 to month 24
Scientific community active in mental health research and professional organizations (Coordinators of EU funded projects related to mental health, professional and scientific international organizations (World Psychiatric Association, European College of Neuro-psychopharmacology, European Psychiatric, European Federation of Psychologists Associations, World Health Organization)	Results and data obtained in ROAMER and the implications for mental health research, promotion and integration	Peer-reviewed scientific journals (see the list in Table 4; and find more information on the publication rules in the Annex I - Publication Plan)	From month 12
		Participation in professional associations meetings (see Table 5)	From month 12
		Direct contacts with peers within peer scientific networks.	From month 12
Pharmaceutical and ICT industry (i.e ICT Diagnostics and Prognostic Tools, *SME's:* Therapeutics)	Results achieved in ROAMER with emphasis on impact for the development of diagnostics, therapeutics etc.	See above and in addition ROAMER seminar at the finalisation of the project.	From month 18 to month 24
National health insurers and health authorities (ministries of Health and Science)	Results and data obtained in ROAMER	See above.	See above.

9.2 List of External Dissemination activities carried out (Month 18)

In order to monitor external dissemination activities P1 CIBERSAM, P11 SE and P14 CF register them regularly (Table 4).

Table 4 External dissemination activities already performed

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
November 2011	Web site on the URC Eco IdF in French	ROAMER	http://www.urc-eco.fr/ROAMER-A-Roadmap-for-Mental-Health	General public	France	338 visits on the project site since November 2011	P3 FondaMental	Information on the project outline: objective, methods, expected results
31/01/2012	Conference	Expert Strategies in Prescribing	Shon Lewis; Current Issues in antipsychotic Prescribing	Medical	UK	100	P12 UNIMAN	ROAMER discussed
February 2012	website	ROAMER website	http://www.roamer-mh.org/	General public, scientific community, medical sector	all		P11 SE, P1 CIBERSAM,P14 CFc	information on the project
8-9/02/2012	Conference	Expert meeting on measurement and target setting for well-being	JL Ayuso-Mateos: "Research and studies on well-being in Europe".	Experts in well-being	Europe	23 people	CO1 CIBERSAM	The aim of the expert meeting was to provide advice to the WHO Regional Director for Europe on how to report on well-being, in particular in the context developing WHO/EURO's 'Health 2020' strategy and the upcoming European Health Report 2012. Prof Ayuso presented the ROAMER project and each participant received the ROAMER leaflet.

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
23-24/02/2012	Round Table Discussion	2nd Annual Meeting on Therapeutics in Psychiatry	T Wykes - Cognitive rehabilitation in schizophrenia	Medical sector	Spain	200	P2 KCL	Area of importance for the strategy for industry, for science and for patients. Moving the scientific agenda along to increase the health and wealth implications for mental health treatments
15-17/03/2012	Conference	I National Congress of Positive Psychology. (San Lorenzo del Escorial, Spain)	M. Miret, C. Obradors, F. Caballero, J.M. Haro, J.L. Ayuso-Mateos. "A roadmap for mental health research in Europe: the European project ROAMER"	Scientific community	Spain	250 people	CO1 CIBERSAM	Presentation of ROAMER project in Spain. Presentation of the general project with and emphasis in WP8 since the audience were experts in well-being.
9-10/04/2012	Workshop	NIMH Workshop on Cognitive Training (Bethesda, Maryland)	Til Wykes - Cognitive Remediation Therapy	Research Funders	USA	60	P2 KCL	Area of importance for the strategy for industry, for science and for patients. Moving the scientific agenda along to increase the health and wealth implications for mental health treatments

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
12-18/04/2012	Conference	International Congress on Schizophrenia Research	Til Wykes: cognitive remediation	Scientific Community	Europe	400	P2 KCL	Area of importance for the strategy for industry, for science and for patients. Moving the scientific agenda along to increase the health and wealth implications for mental health treatments
18/04/2012	Press release	A Roadmap for Mental Health Research in Europe – First Scientific Workshop	European experts in Mental Health and Well-Being will meet in Madrid to analyse the state-of-the-art of well-being research in Europe	All	all		P1 CIBERSAM	First scientific workshop introduced to the public
25-27/04/2012	Conference	MNR (Mental Health Research) 2012 Network Scientific Conference (Birmingham, UK)	Til Wykes: Research funding for mental health	Patients, carers, clinicians and Scientists	England	250	P2 KCL, P12 UNIMAN	Showing the importance of patient involvement in research relevant to the stakeholder section of the final Roadmap

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
27-04/08-05/2012	Congress	8th Brazilian Congress of Brain, Behavior and Emotions	Til Wykes - From evaluation to neuropsychological rehabilitation: the model of Cognitive Remediation	Scientific Community	Brazil	500	P2 KCL	Area of importance for the strategy for industry, for science and for patients. Moving the scientific agenda along to increase the health and wealth implications for mental health treatments
15/05/2012	Meeting	Cognitive Remediation & Rehabilitation	Til Wykes - The cost of remediation in the treatment of schizophrenic patients, and how could it be integrated in the global cost of rehabilitation for patients	Scientific and Medical sectors	France	150	P2 KCL	Area of importance for the strategy for industry, for science and for patients. Moving the scientific agenda along to increase the health and wealth implications for mental health treatments
22-28/05/2012	Forum	Ernst Strümann	Til Wykes - Strategy for research in schizophrenia	Scientific	Europe, USA, Australia	50	KCL	Discussing research strategy for schizophrenia in the next decade which has a high morbidity and mortality and therefore very important for the Road Map
2-3/06/2012	Conference	Annual conference of the Hungarian Association of Behavior and Cognitive Therapy	Bitter, I.: Út a lelki egészséghez Roadmap to mental health, egy FP7-es projekt/Roadmap to mental health: an FP7 project	Scientific community, medical sector	Hungary	70	P11 SE	Dissemination of ROAMER in Eastern Europe, Hungary

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
19/06/2012	Workshop	Workshop on mental health on economic crisis.	José Luis Ayuso - Economic recession, depression and suicide: The need for a European roadmap	Policy makers	Europe	30	P1-CIBERSAM	Presentation of the ROAMER project
26-28/06/2012	Conference	Conference on Measuring Well-Being and Fostering the Progress of Societies (Paris, France)	A roadmap for mental health research in Europe: the European project ROAMER	Policy makers, statisticians, academics, and other stakeholders	Europe	250	P1 CIBERSAM	Dissemination of ROAMER project and specifically WP8: well-being
25-28/09/12	Conference	XVI Congreso Nacional de Psiquiatría (Bilbao, Spain)	P1-CIBERSAM	Psychiatrists (medical sector) and researchers in Mental Health	Spain	500	P1 CIBERSAM	Presentation of the ROAMER project

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
26-29/09/2012	Conference	25th Danube Symposium (26-29 September, 2012, Tomisoara, Romania)	Bitter, I, Papp, S., Obradors, C., Haro, J.M. ROAMER. A Roadmap for Mental Health Research in Europe: A Seventh Framework Programme egy FP7-es projekt/Roadmap to mental health: an FP7 project	Psychiatrists and mental health researchers	Europe (mainly East European countries)	100	P11 SE, CO1 CIBERSAM	Presentation of the ROAMER project in Eastern Europe
01/10/2012	Meeting	NIHM (The National Institute of Mental Health) - Tom Insel (Director NIMH)	Til Wykes - Discussion on future alignment of mental health research strategy	Funder	USA	5	P2 KCL	Discussion with funding organization about what ROAMER project is doing
01/10/2012	Meeting	NIMH - Tom Insel (Director NIMH) and Phil Wang (Deputy Director NIMH)	Til Wykes - Forum, Discussion on Roamer objectives. Audience 4 Scientific Funders Talk on Roamer objectives	Funder	USA	5	P2 KCL	discussion using different categorizations e.g. RDOC for the final report

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
01/10/2012	Meeting	NIMH ((The National Institute of Mental Health) - Bruce Cuthbert (Head of NIMH's Division of Adult Translational Research and Treatment Development	Til Wykes - Forum, Discussion on Roamer objectives. Audience 3 Scientific Funders Talk on Roamer objectives	Funder	USA	5	P2 KCL	setting up cooperative linkages between ROAMER and NIMH
13-17/10/2012	Conference	European college of Neuropsychopharmacology	Professor Til Wykes - Improving thinking skills in schizophrenia - cognitive remediation	Scientific, Industry	Europe	300	P2 KCL	Area of importance for the strategy for industry, for science and for patients. Moving the scientific agenda along to increase the health and wealth implications for mental health treatments
19/10/2012	Conference	FondaMental yearly conference	European road map of research in mental health; Karine Chevreul	Psychiatric medical and research community	France	50	P 3 FondaMental	Information on the project outline: objective, methods, expected results
24/10/2012	Oral presentation	Internal colloquium at Institute of Clinical Psychology and Psychotherapy, TU Dresden	Knappe S: ROAMER - current status of a Pan-European project	Scientific	All	30	P6 TUD	

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
25/10/2012	Workshop	First scientific workshop of WP3	Mental health research infrastructure, training and funding: current state of art and gaps	Invited scientific experts	Europe	25	P 3 FondaMental	The workshop is part of WP3's milestones and allows us to attain our scientific objectives based on the expert's output. It serves at the same time as communication platforms and relay Roamer's activity to the scientific community.
22/11/2012	Conference	EPA Council of NPAs meeting (Berlin, Germany)	Authors:Josep Maria Haro, Carla Obradors Title: Presentation of ROAMER project: a survey of the training and education of psychiatrists all over Europe	Psychiatrists (medical sector)	Europe	50	CO1 CIBERSAM	Presentation of the ROAMER project and of one activity to be carried on in collaboration with EPA
4-5/02/2013	Workshop	Second scientific workshop of WP3		Invited scientific experts	Europe	25	P 3 FondaMental	Workshop organized by the WP3 on mental health research infrastructure, training and funding in order to formulate advances needed. The workshop is part of WP3's milestones and allows us to attain our scientific objectives based on the expert's output. It serves at the same time as communication platforms and relay Roamer's activity to the scientific community.

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
20/02/2013	Conference	Horizontal epidemiology in brain disorders	Jose Luis Ayuso - PARADISE in the European Mental Health Roadmap	Scientific community, medical sector	Europe	30-35	CO1-CIBERSAM	Description of the ROAMER project: objective and participants. Distribution of ROAMER flyers
29/03/2013	Workshop	A roadmap for mental health research in France	Translation of the ROAMER results and philosophy into the specific French context	Invited scientific experts and stakeholders from funding institutions and government	France	30	P 3 FondaMental	Workshop organized by Fondamental. It is the first event of a project that aims a translation of the Roamer results and philosophy into the specific French context. The translation and adaptation of Roamer to the French context ensures that national specificities (burden of disease, structure of the system) are taken into account. It further raises awareness of national key actors and implicates them better both for Roamer (Europe) and the future of mental health research in France.

Planned Events

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
6-9/04/2013	Poster	21st European Congress of Psychiatry	Leboyer M, Brunn M, Demotes J, Hazo JB, Obradors C.; Papp, S; Chevreul K; ROAMER consortium. INFRASTRUCTURE, TRAINING AND FUNDING OF MENTAL HEALTH RESEARCH IN EUROPE: FIRST RESULTS FROM THE ROAMER PROJECT	Psychiatrists and mental health researchers	Europe	150	P3- FondaMental; P4- INSERM; P11 – SE; CO1- CIBERSAM; ROAMER consortium	Presentation of ROAMER and first results
07/04/2013	EECP Workshop	21st European Congress of Psychiatry	JM Haro, C Obradors. A roadmap for mental health research in Europe: from the theory to the practice of research	Early Career Psychiatrists	Europe	25 - 50	CO1-CIBERSAM	Presentation of ROAMER

08/04/2013	Conference	21st European Congress of Psychiatry (Nice, France)	JM Haro ROAMER: A EUROPEAN ROADMAP FOR MENTAL HEALTH RESEARCH	Scientific community, medical sector	Europe	200	CO1 CIBERSAM	Presentation of ROAMER

DATE	TYPE	TITLE	SUBJECT	Type of audience	Countries addressed	Size of audience	Partners	RELEVANCE for ROAMER
09/04/2013	Conference	21st European Congress of Psychiatry (Nice, France)	Leboyer M, Brunn M, Demotes J, Hazo JB, Obradors C, Papp S, Bitter I, Haro JM, ROAMER consortium, Chevreul K: Infrastructure, training and funding of mental health research in Europe: first results from the ROAMER project	Scientific community, medical sector	Europe	50 - 100	CO1 CIBERSAM P 3 FondaMental	Presentation of WP3's preliminary findings on research state of art, gaps and preliminary recommendations. Distribution of ROAMER leaflets
17/05/2013	Symposium	Budapest (Hungary)		Scientific community, medical sector, funders, policy makers	Eastern Europe	200-500	CO1 CIBERSAM P11-SE P7-NHV	Presentation of ROAMER and first results on research state of art, gaps and preliminary recommendations. Distribution of leaflets and newsletters

9.3 Scientific publication plan

An implementation of a strategy for the scientific publications was decided by the ROAMER consortium. Its aim is to maximise the scientific impact of the project by facilitating the production of high quality scientific papers and reports in a timely manner and by disseminating them in the most efficient way and assuring the appropriate acknowledgement of authorship, collaboration and financial support.

In order to implement and to monitor it, P1 CIBERSAM-PSSJD, P11 SE and P14 CF register all scientific publications planned and fulfilled (Table 5).

Table 5 Scientific manuscripts already published and planned publications

NO.	Title	Main author	Title of the periodical or the series	Number, date or frequency	Publisher	Year of publication	Impact Factor
1	ROAMER: A European Roadmap for mental health research	Haro JM; the ROAMER consortium	British Journal of Psychiatry	submitted	PTM Publishers	estimated 2013	5,947
2	Psychological Models and Paradigms of Mental Disorders – Recent Evolutions, Current Developments and Future Challenges	T Beckers, S van der Oord, B Vervliet, F Raes, D Hermans, SG. Hofmann	European Neuropsychopharmacology	special issue, 2013	Elsevier	est. 2013	4,046
3	Anxiety Related Disorders and Personality Disorders	PM. Emmelkamp	European Neuropsychopharmacology	special issue, 2013	Elsevier	est. 2013	4,046
4	Reinventing Psychotherapy Research	D David	European Neuropsychopharmacology	special issue, 2013	Elsevier	est. 2013	4,046
5	Comorbidity of psychiatric illness: Emerging trends and perspectives	GA. Fava, E Tossani, P Bech, G Chouinard, C Csilag, W Rief	European Neuropsychopharmacology	special issue, 2013	Elsevier	est. 2013	4,046

6	E-health and innovation of mental health care	P Cuijpers, W Lutz	European Neuropsychopharmacology	special issue, 2013	Elsevier	est. 2013	4,046
7	Psychotherapy research in children and adolescents	P Muris	European Neuropsychopharmacology	special issue, 2013	Elsevier	est. 2013	4,046
8	Dysfunctions of cognitive control and decision-making as transdiagnostic core mechanisms in mental disorder	T Goschke	European Neuropsychopharmacology	special issue, 2013	Elsevier	est. 2013	4,046
9	Psychological perspectives on mental health and mental disorder research in Europe	H.-U. Wittchen, S. Knappe et al.	International Journal of Methods in Psychiatric Research	special issue, 2013	Wiley	est. 2013	2,462
10	Functions and Dysfunctions of cognitive control and decision-making as transdiagnostic core mechanisms in mental disorders	Th. Goschke	International Journal of Methods in Psychiatric Research	special issue, 2013	Wiley	est. 2013	2,462
11	The Need for a Behavioural Science Focus in Research on Mental Health and Mental Disorders	H.-U. Wittchen et al.	International Journal of Methods in Psychiatric Research	special issue, 2013	Wiley	est. 2013	2,462
12	Advancing Psychotherapy and Evidence –Based Psychological Interventions - Time to Reboot Research?	P. M. Emmelkamp, H.-U. Wittchen, S. Knappe, D. David, W. Rief et al.	International Journal of Methods in Psychiatric Research	special issue, 2013	Wiley	est. 2013	2,462

13	Critical Issues in the Evaluation of Comorbidity of Mental Disorders and Future Research Needs	GA. Fava, E Tossani, Per Bech, et al.	International Journal of Methods in Psychiatric Research	special issue, 2013	Wiley	est. 2013	2,462
14	Priorities for mental health research in Europe: a survey among national stakeholders' associations within the ROAMER project	A Fiorillo, M Luciano, V Del Vecchio, G Sampogna, C Obradors-Tarragò, M Maj; the ROAMER Consortium	World Psychiatry	June 2013 issue	Wiley Blackwell	est. 2013	6.233

9.4 Survey consultations

ROAMER seeks to achieve an extensive stakeholder involvement. The first initiative has been to conduct a survey with national associations of mental health professionals and trainees, and of users and/or carers, in the 27 EU-countries, aiming to explore their views about priorities for mental health research in Europe, and the importance and the level of development in their country of various research areas. The survey, translated into 14 languages, collected the inputs of 108 associations.

During the first 18 months of the project, survey consultations were performed in order help developing mental health research with mapping current available resources of mental health research in Europe in terms of infrastructure, training programs and funding so as to identify gaps and formulate recommendations. Therefore, a consultation survey was circulated with a pilot sample of 111 European mental researchers, containing items on research priorities and aspirations, infrastructure and staffing, training programs and funding. Survey results were discussed and complemented with a focus-group-type panel, composed of national and European experts. The 55 survey responses collected and the expert panel helped in the identification of several key themes in the expert's opinions.

Since survey consultations provided to be a sufficient method to collect the opinion of end-users (organizations of users and carers, professional associations), representatives of academic institutions, pharmaceutical companies, donors and governments, and non-governmental organizations active in the mental health field, they have successfully been used in the prioritization process of gaps and advances of work packages as well.

9.4 The website

The website, available under the domain name www.roamer-mh.org (see the homepage in Figure 1), was developed by P11 SE to serve multiple purposes:

- act as document repository
- collect data via online surveys
- contribute to international visibility through including reports about achievements
- inform partners on ROAMER activity
- disseminate progress reports

The website is hosted and maintained by the Department of Psychiatry and Psychotherapy at Semmelweis University, Budapest, Hungary.
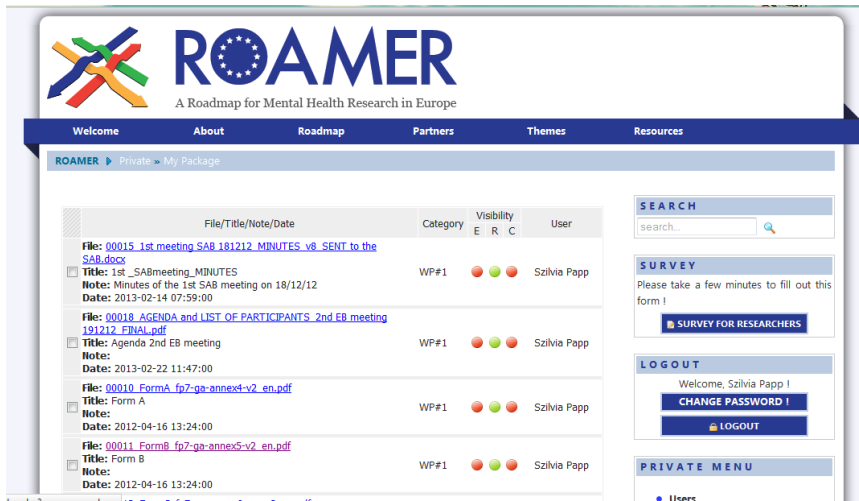
Figure 1. Homepage of the website of the ROAMER project.

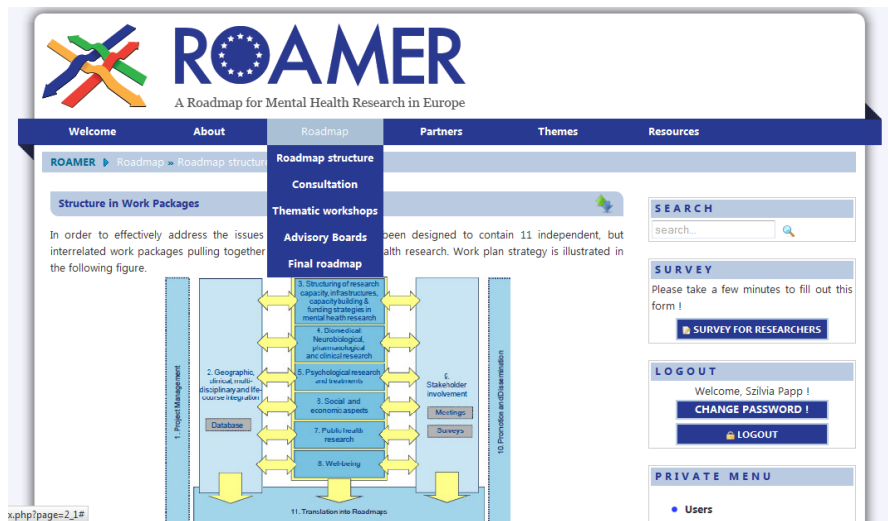The ROAMER website is divided into a public and a private part.

The private part, which requires a username and password, assists internal communication and serves as a document depository (see figure 2). Files (e.g. pictures, texts, presentations, surveys) can be uploaded via a user-friendly interface in a fast and safe manner. Documents are uploaded regularly to provide access to them for the decided internal users.
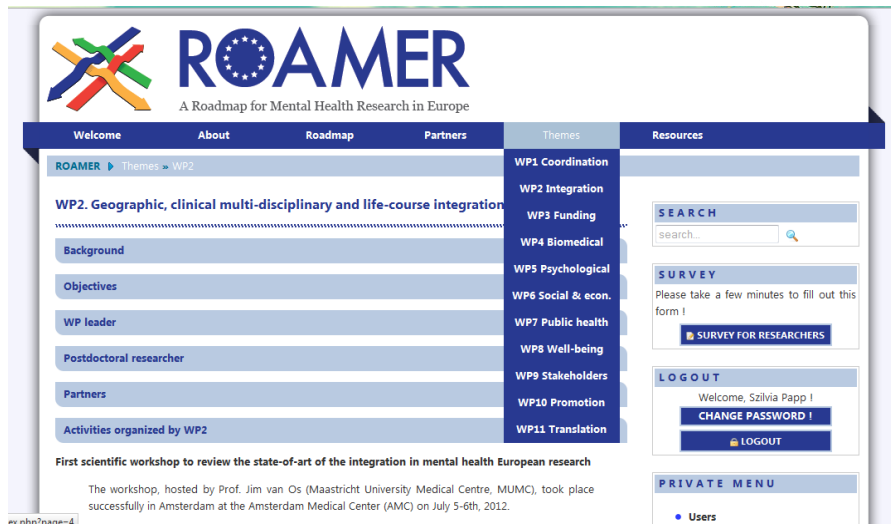
Figure 2 Private part of the website of the ROAMER project.

On the other hand, the public part is organized so as to allow easy access of data, providing key information on ROAMER, including key project aims, mission statement, project teams, its structure, upcoming events, workshops, latest news and meetings, reports about achievements, links of related web pages and other roadmaps (see Figure 3). A custom-made leaflet on ROAMER is also provided to download for further dissemination (see Annex II). The public website targets several groups; the customized and regularly updated information is used to inform partners, stakeholders, scientists, public health authorities and the general public as well. Besides the role of the website in providing information for all the above mentioned users, it is also an important way to gather data; the above mentioned survey consultations were partially organized online.

Figure 3. Public part of the website of the ROAMER project

9.5 Web site technical information

The website of ROAMER is using an IBM based virtualization server with 16 processor cores, V7000 unified storage, which consolidates block and file workloads into a single storage system, with 5+1 TB capacity. It runs a SUSE Linux Enterprise Server, with MySQL installed. For the international internet connection it is used a 10 gigabit Optica computer network connection. To provide safety, its MySQL database can only be reached through the SE university internal network.

9.6 Conclusions

This document provides updated information on disseminating the ROAMER results to the envisaged targeted stakeholders. Ensuring a consistent communication and representation strategy to the stakeholders as well as establishing a positive word of mouth experience among users is of prime importance. Collaboration among project partners for sharing of results and building on dynamicity and adaptability are key words for successful project dissemination.

Annexes

Annex I   Publication plan

Annex II   ROAMER Leaflet

ANNEX I - PUBLICATION PLAN

Aim:

The aim of the Publications Plan of the ROAMER project is to maximise the scientific impact of the project by facilitating the production of high quality scientific papers and reports in a timely manner and by disseminating them in the most efficient way and assuring the appropriate acknowledgement of authorship, collaboration and financial support.

Specific objectives:

▪ To stimulate scientific presentation and papers from the ROAMER investigators and to assure that publications based on the project material are accurate and objective, do not compromise the scientific integrity and are consistent with the overall goals and deliverables of this collaborative study.

▪ To assure that all the contributing investigators involved in particular products have the opportunity to participate and be recognised in the study-wide ROAMER papers.

▪ To assure that scientific publications of ROAMER adequately cover with priority the deliverables committed by the consortium (i.e., those stated in the EU Commission).

▪ To maintain current lists of all ROAMER publications and presentations, and to continuously distribute in appropriate time intervals such lists to the project investigators.

Publications Office (PO):

The publications office (PO) will be jointly formed by professionals from P1-CIBERSAM-PSSJD and P11-Semmelweis University (SE).

Publication Policy:

• Type of publications:
In terms of the format of the publication there will be Publications (peer review papers and abstracts), Presentations (invited presentations at meetings with no abstracts, press releases, lectures, seminars, etc.) and Reports. P1-CIBERSAM-PSSJD should receive the list of manuscript proposals and final/published versions of abstracts, papers, presentations and reports. P11-SE will maintain and update a section for publications on the ROAMER website accessible to all ROAMER participants.

• Publications plan:
Each investigator should produce a list of the papers in which their want to have a leading role. The list should be sent to the PO. The PO will produce a list of titles and main candidate authors and will circulate it to all partners of ROAMER project. In the case several investigators wish to lead the same paper, the PO will recommend one investigator as a leader (either initially or after comparing the paper proposals -- see below).

• Core and non-core publications:

The PO will produce a list of core publications that respond to major objectives of the ROAMER project. The core publications will be authored collectively (please, see the section on Authorship for more details).

- Assigning publications to investigators:

All the investigators of the project are eligible as authors (theoretically that means as first authors, because the co-author list might be infinite) of the European ROAMER publications. The list of ROAMER investigators will be maintained by the PO. In the case that investigator(s) of centre(s) not included in the Scientific Committee of ROAMER want to participate in the elaboration of a manuscript, the leading author should announce this circumstance when submitting the outline to the PO.

- Manuscript proposal

For papers and abstracts, candidate authors should send to the PO the following outline:

1. Title
2. Lead author
3. Rationale and hypotheses
4. Type of Publication (Journal article, Abstract, others)
5. Brief content of the manuscript

- Manuscript preparation

Once an investigator is granted leading authorship for a paper, manuscript completion targets will be defined by PO. Failure to meet any of these deadlines without prior notice to PO can result in other members of the ROAMER project to write the paper. This is especially likely in cases where the topic was originally one that more than one Scientific Committee member wanted to write.

- Authorship

Collective authorship of core publications will include at least one member for each of the main institutions participating in the project, provided that member qualifies for authorship: Authorship will be acknowledged either by naming every investigator, when allowed, or by having a corporate name (e.g., the ROAMER investigators).
In all other cases, it is recommended collaboration between institutions in producing publications. When possible, "on behalf of the ROAMER project" will be included at the end of the authorship list.

- Statement of acknowledgement

The PO will propose a standard reference to describe what ROAMER is, its contributors and roles, acknowledge the financial and other types of support received for the project implementation and analyses. This reference will be included in all ROAMER publications.

- Arbitration

The PO should arbitrate in the case of overlap of content of candidate papers as well as in the case of conflict of order of authorship and in any other circumstance where the general interest of the ROAMER is challenged. In case of disagreement with PO, the steering committee of ROAMER will discuss the issue.

ANNEX II - ROAMER LEAFLET

List of partners:

France
fondation fonda[]mental
Inserm
ECRIN

Germany
TECHNISCHE UNIVERSITÄT DRESDEN
Zentralinstitut für Seelische Gesundheit

Hungary
Italy
SUN
E consulting

Netherlands
Nordic countries
Maastricht University
norden
Nordic School of Public Health NHV

Spain
cibersam
Parc Sanitari Sant Joan de Déu
UAM UNIVERSIDAD AUTÓNOMA DE MADRID

United Kingdom
Institute of Psychiatry at The Maudsley
KING'S College LONDON
LSE THE LONDON SCHOOL OF ECONOMICS AND POLITICAL SCIENCE
MANCHESTER 1824 The University of Manchester

UNIVERSITY OF CAMBRIDGE

SEVENTH FRAMEWORK PROGRAMME
Funded by the European Union Seventh Framework Programme
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Consorcio CIBER para el área temática de salud mental (CIBERSAM)
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ROAMER
A Roadmap for Mental Health Research in Europe

Promoting and Integrating Mental Health Research in Europe

Mental disorders affect 38 out of 100 Europeans.

Nine of the ten countries with the highest rates of suicide in the world are in Europe.

Mental health problems are associated with social exclusion, employment difficulties and poverty.

In EU countries, the percentage of the overall budget dedicated to research on mental disorders is less than half of what it is in other developed countries.

This historically low level of funding for mental health in Europe is inefficient, given the substantial societal benefits that this research would provide.

The ROAMER project's goal is to create a coordinated roadmap for the promotion and integration of research in mental health and well-being across Europe.

A three-year project launched in October 2011, ROAMER is funded by the European Commission under the Seventh Framework Programme.

Thematic areas

ROAMER is structured in six key areas:

• **Research infrastructures and funding**
• **Biomedical**
• **Psychological**
• **Socio-economic**
• **Public health**
• **Well-being**

Each area will include groups of scientific experts who will:

• Examine the current State-of-the-art
• Identify gaps
• Prioritize advances to address those gaps

These activities will be integrated with a multidisciplinary and life-course approach.

The ROAMER project is being carried out by European scientists, with extensive stakeholder involvement including users, family members, carers, clinicians, and policy-makers.

ROAMER will have an impact on:

1. High-quality research on mental health and well-being:
   • Developing and implementing standardised performance indicators
   • Assembling leading consortia for the major areas of research on mental health and well-being

2. Promoting mental health research across Europe
   • Identifying best practice and research gaps
   • Developing a comprehensive, consensus-based roadmap, with stakeholder involvement

3. Translating mental health research into treatment programmes and public health initiatives by:
   • Capitalising on synergy effects created by existing integrative approaches
   • Achieving integration across geographical regions and the life-course, as well as among disciplines

ROAMER recommendations aim to serve as the basis for improvement and innovation in mental health care delivery, providing strategies to raise the level of European mental health and well-being.