### List of partners:

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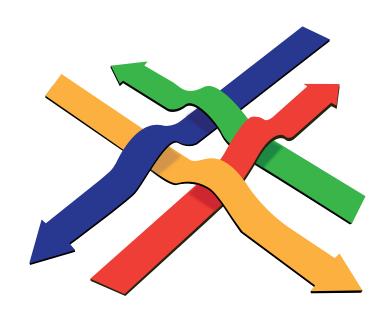
## UNIVERSITY OF CAMBRIDGE



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A Roadmap for Mental Health Research in Europe



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# **Promoting and Integrating Mental Health Research** in Europe

Mental disorders affect 38 out of 100 Europeans.

Nine of the ten countries with the highest rates of suicide in the world are in Europe.

Mental health problems are associated with social exclusion, employment difficulties and poverty.

In EU countries, the percentage of the overall budget dedicated to research on mental disorders is less than half of what it is in other developed countries.

This historically low level of funding for mental health in Europe is inefficient, given the substantial societal benefits that this research would provide.



The **ROAMER** project's goal is to create a coordinated roadmap for the promotion and integration of research in mental health and well-being across Europe.

ROAMER, funded by the European Commission under the Seventh Framework Programme, is a three-year project launched in October 2011.

#### Thematic areas

**ROAMER** is structured in six key areas:

- Research infrastructures and funding
- Biomedical
- Psychological
- Socio-economic
- Public health
- Well-being

Each area will include groups of scientific experts who will:

- Examine the current State-of-the-art
- Identify gaps
- Prioritize **advances** to address those gaps

These activities will be integrated with a multidisciplinary and life-course approach.



The **ROAMER project** is being carried out by European scientists, with extensive **stakeholder involvement** including users, family members, carers, clinicians, and policy-makers.

### ROAMER will have an impact on:

- 1. High-quality research on mental health and well-being:
  - Developing and implementing standardised performance indicators
  - Assembling leading consortia for the major areas of research on mental health and wellbeing
- 2. Promoting mental health research across Europe
  - Identifying best practice and research gaps
  - Developing a comprehensive, consensusbased roadmap, with stakeholder involvement
- 3. Translating mental health research into treatment programmes and public health initiatives by:
  - Capitalising on synergy effects created by existing integrative approaches
  - Achieving integration across geographical regions and the life-course, as well as among disciplines.

**ROAMER** recommendations aim to serve as the basis for improvement and innovation in mental health care delivery, providing strategies to raise the level of European mental health and well-being.